sanopoly



Priosa®

muscle fit + magnesium

Muscle & Endurance

Supports muscle function, important magnesium compounds, amino acids and muscle minerals

100% VEGAN

HIGHEST RAW MATERIAL QUALITY

WITHOUT GENETIC ENGINEERING

PRODUCED IN EUROPE

THE FORMULA

The formula of Priosa® muscle fit + magnesium

Supports muscle function, important magnesium compounds, amino acids and muscle minerals

18

Ingredients in the formula

51

EU-approved health claims

35

Areas of effect according to approved claims

WHAT IS

Priosa® muscle fit + magnesium in detail

What is Priosa® muscle fit + magnesium?

A product developed from practical experience to provide supportive care to muscles, especially leg muscles.

Priosa® muscle fit + magnesium is a nutrient complex tailored to muscles, consisting of magnesium, amino acids, vitamins and coenzymes. Magnesium contributes to normal muscle function and to electrolyte balance.

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WHAT PRIOSA® MUSCLE FIT + MAGNESIUM SUPPORTS

The most important of the 35 areas of effect

The vitamins and minerals contained contribute to the following body functions in accordance with EU-approved health claims.

Muscle function
Magnesium contributes to normal **muscle function**.

Bones
Magnesium contributes to the maintenance of normal **bones**.

Energy metabolism
Copper contributes to normal energy-yielding metabolism.

Tiredness and fatigue
Magnesium contributes to a reduction of **tiredness and fatigue**.

Acid-base metabolism
Zinc contributes to normal **acid-base metabolism**.

Electrolyte balance
Magnesium contributes to **electrolyte balance**.

WHAT CAN

What the nutrients in Priosa® muscle fit + magnesium contribute to

- Copper contributes to maintenance of normal connective tissues.
- Copper contributes to normal functioning of the nervous system.
- Copper contributes to normal iron transport in the body.
- Copper contributes to the normal function of the immune system.
- Fluoride contributes to the maintenance of tooth mineralisation.
- Magnesium contributes to electrolyte balance.
- Magnesium contributes to normal functioning of the nervous system.
- Magnesium contributes to normal protein synthesis.
- Magnesium contributes to the maintenance of normal bones.
- Magnesium has a role in the process of cell division.
- Thiamine contributes to normal energy-yielding metabolism.
- Thiamine contributes to normal psychological function.
- Vitamin D contributes to normal absorption/utilisation of calcium and phosphorus.
- Vitamin D contributes to the maintenance of normal bones.
- Vitamin D contributes to the maintenance of normal teeth.
- Vitamin D has a role in the process of cell division.
- Vitamin K contributes to the maintenance of normal bones.
- Zinc contributes to normal acid-base metabolism.
- Zinc contributes to normal cognitive function.
- Copper contributes to normal energy-yielding metabolism.
- Copper contributes to normal hair pigmentation.
- Copper contributes to normal skin pigmentation.
- Copper contributes to the protection of cells from oxidative stress.
- Magnesium contributes to a reduction of tiredness and fatigue.
- Magnesium contributes to normal energy-yielding metabolism.
- Magnesium contributes to normal muscle function.
- Magnesium contributes to normal psychological function.
- Magnesium contributes to the maintenance of normal teeth.
- Molybdenum contributes to normal sulphur amino acid metabolism.
- Thiamine contributes to normal functioning of the nervous system.
- Thiamine contributes to the normal function of the heart.
- Vitamin D contributes to normal blood calcium levels.
- Vitamin D contributes to the maintenance of normal muscle function.
- Vitamin D contributes to the normal function of the immune system.
- Vitamin K contributes to normal blood clotting.
- Zinc contributes to normal DNA synthesis.
- Zinc contributes to normal carbohydrate metabolism.
- Zinc contributes to normal fertility and reproduction.

- Zinc contributes to normal macronutrient metabolism.
- Zinc contributes to normal metabolism of fatty acids.
- Zinc contributes to normal metabolism of vitamin A.
- Zinc contributes to normal protein synthesis.
- Zinc contributes to the maintenance of normal bones.
- Zinc contributes to the maintenance of normal hair.
- Zinc contributes to the maintenance of normal nails.
- Zinc contributes to the maintenance of normal skin.
- Zinc contributes to the maintenance of normal testosterone levels in the blood.
- Zinc contributes to the maintenance of normal vision.
- Zinc contributes to the normal function of the immune system.
- Zinc contributes to the protection of cells from oxidative stress.
- Zinc has a role in the process of cell division.

INSIGHTS

Images













MANUFACTURING & QUALITY

Tested quality

Sanopoly develops highly pure nutritional supplements in medically supervised formulations. Production takes place in Austria at an established pharmaceutical contract manufacturer with over 25 years of experience.

ISO 22000

Certified management system for food safety according to international standard.

DEKRA tested

Independent audit of complete quality management by DEKRA.

Laboratory tested

Testing of the ingredients for heavy metals and microbiological purity.

Nutritional values and ingredients

Nutrients	per daily dose * (= 4 Capsules)	% NRV **
Vitamin D2 equals 800 IE per daily dose	20 µg	400
Vitamin D3 equals 40 IE per daily dose	1 µg	20
Vitamin K2	200 µg	267
Thiamine	12 mg	1091
Magnesium	56.25 mg	15
Zinc	15 mg	150
Copper	0.56 mg	56
Fluoride	0.612 mg	17
Molybdenum	60 µg	120
Coenzyme Q10	10 mg	–
Glycine	480 mg	–
L-Lysine	20 mg	–
S-Adenosyl methionine	217.8 mg	–
Para-aminobenzoic acid	300 mg	–
Methylsulfonylmethane (MSM)	40 mg	–
Lecithin Phospholipids Phosphatidylcholine	150 mg 97.5 mg 27 mg	– – –

** per daily dose ** % NRV = nutrient reference values according to Regulation (EU) No 1169/2011. Vitamins and minerals below 15 % NRV are not listed.*

Recommended intake
Take 4 capsules once daily with sufficient liquid.

Ingredients
Hydroxypropyl methylcellulose (capsule shell), Glycine, S-Adenosyl methionine, Para-aminobenzoic acid (PABA), Magnesium bisglycinate, Corn starch, Magnesium citrate, Ergocalciferol, Rapeseed lecithin powder, Sodium fluoride, Menaquinone, Zinc citrate, Calcium citrate, Methylsulfonylmethane (MSM), L-Lysine hydrochloride, Thiamine hydrochloride, Coenzyme Q10, Sodium molybdate, Copper gluconate, Cholecalciferol.

Notes
Do not exceed the recommended daily intake. Dietary supplements are not a substitute for a varied diet. A balanced diet and a healthy lifestyle are important. Keep out of reach of small children. Store at room temperature (max. 25 °C), dry and protected from light. Consume within 3 months of opening the packaging.*
The product should not be consumed by pregnant women, nursing mothers, children and adolescents under 18 years of age. When taking medications that inhibit blood clotting (anticoagulants) simultaneously, Coenzyme Q-10 and Vitamin K2 should only be taken after consultation with a doctor. The intake of additional zinc-containing dietary supplements should be avoided.
* Exception: Packaging units whose daily dose and sales quantity require intake over a longer period of time.

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