sanopoly



Priosa®

athleticum

Muscles & Energy Metabolism

Amino Acids, Minerals, Vitamins and Plant Substances

100% VEGAN

HIGHEST RAW MATERIAL QUALITY

WITHOUT GENETIC ENGINEERING

PRODUCED IN EUROPE

THE FORMULA

The formula of Priosa® athleticum

Amino Acids, Minerals, Vitamins and Plant Substances

36

Ingredients in the formula

85

EU-approved health claims

44

Areas of effect according to approved claims

WHAT IS

Priosa® athleticum in detail

What is Priosa® athleticum?

Priosa® athleticum is a nutrient complex specially tailored to the needs of athletes. It supports comprehensive nutrient supply during sustained physical exertion.

Your nutrition is optimally supplemented with high-quality plant-based amino acids, bamboo extract, magnesium, vitamin D3, B6, E, zinc, iron and other nutrients, thereby promoting important metabolic processes.

WHAT PRIOSA® ATHLETICUM SUPPORTS

The most important of the 44 areas of effect

The vitamins and minerals contained contribute to the following body functions in accordance with EU-approved health claims.

Muscle function
Magnesium contributes to normal **muscle function**.

Energy metabolism
Copper contributes to normal energy-yielding metabolism.

Tiredness and fatigue
Iron contributes to the reduction of **tiredness and fatigue**.

Bones
Magnesium contributes to the maintenance of normal **bones**.

Oxygen transport
Iron contributes to normal **oxygen transport** in the body.

Electrolyte balance
Magnesium contributes to **electrolyte balance**.

WHAT CAN

What the nutrients in Priosa® athleticum contribute to

- Chromium contributes to normal macronutrient metabolism.
- Copper contributes to maintenance of normal connective tissues.
- Copper contributes to normal functioning of the nervous system.
- Copper contributes to normal iron transport in the body.
- Copper contributes to the normal function of the immune system.
- Iodine contributes to normal cognitive function.
- Iodine contributes to normal functioning of the nervous system.
- Iodine contributes to the normal production of thyroid hormones and normal thyroid function.
- Iron contributes to normal energy-yielding metabolism.
- Iron contributes to normal oxygen transport in the body.
- Iron contributes to the reduction of tiredness and fatigue.
- Magnesium contributes to a reduction of tiredness and fatigue.
- Magnesium contributes to normal energy-yielding metabolism.
- Magnesium contributes to normal muscle function.
- Magnesium contributes to normal psychological function.
- Magnesium contributes to the maintenance of normal teeth.
- Manganese contributes to normal energy-yielding metabolism.
- Manganese contributes to the normal formation of connective tissue.
- Molybdenum contributes to normal sulphur amino acid metabolism.
- Chromium contributes to the maintenance of normal blood glucose levels.
- Copper contributes to normal energy-yielding metabolism.
- Copper contributes to normal hair pigmentation.
- Copper contributes to normal skin pigmentation.
- Copper contributes to the protection of cells from oxidative stress.
- Iodine contributes to normal energy-yielding metabolism.
- Iodine contributes to the maintenance of normal skin.
- Iron contributes to normal cognitive function.
- Iron contributes to normal formation of red blood cells and haemoglobin.
- Iron contributes to the normal function of the immune system.
- Iron has a role in the process of cell division.
- Magnesium contributes to electrolyte balance.
- Magnesium contributes to normal functioning of the nervous system.
- Magnesium contributes to normal protein synthesis.
- Magnesium contributes to the maintenance of normal bones.
- Magnesium has a role in the process of cell division.
- Manganese contributes to the maintenance of normal bones.
- Manganese contributes to the protection of cells from oxidative stress.
- Pantothenic acid contributes to normal energy-yielding metabolism.

- Pantothenic acid contributes to normal mental performance.
- Pantothenic acid contributes to normal synthesis and metabolism of steroid hormones, vitamin D and some neurotransmitters.
- Pantothenic acid contributes to the reduction of tiredness and fatigue.
- Selenium contributes to normal spermatogenesis.
- Selenium contributes to the maintenance of normal hair.
- Selenium contributes to the maintenance of normal nails.
- Selenium contributes to the normal function of the immune system.
- Selenium contributes to the normal thyroid function.
- Selenium contributes to the protection of cells from oxidative stress.
- Vitamin B6 contributes to normal cysteine synthesis.
- Vitamin B6 contributes to normal energy-yielding metabolism.
- Vitamin B6 contributes to normal functioning of the nervous system.
- Vitamin B6 contributes to normal homocysteine metabolism.
- Vitamin B6 contributes to normal protein and glycogen metabolism.
- Vitamin B6 contributes to normal psychological function.
- Vitamin B6 contributes to normal red blood cell formation.
- Vitamin B6 contributes to the normal function of the immune system.
- Vitamin B6 contributes to the reduction of tiredness and fatigue.
- Vitamin B6 contributes to the regulation of hormonal activity.
- Vitamin D contributes to normal absorption/utilisation of calcium and phosphorus.
- Vitamin D contributes to normal blood calcium levels.
- Vitamin D contributes to the maintenance of normal bones.
- Vitamin D contributes to the maintenance of normal muscle function.
- Vitamin D contributes to the maintenance of normal teeth.
- Vitamin D contributes to the normal function of the immune system.
- Vitamin D has a role in the process of cell division.
- Vitamin E contributes to the protection of cells from oxidative stress.
- Vitamin K contributes to normal blood clotting.
- Vitamin K contributes to the maintenance of normal bones.
- Zinc contributes to normal DNA synthesis.
- Zinc contributes to normal acid-base metabolism.
- Zinc contributes to normal carbohydrate metabolism.
- Zinc contributes to normal cognitive function.
- Zinc contributes to normal fertility and reproduction.
- Zinc contributes to normal macronutrient metabolism.
- Zinc contributes to normal metabolism of fatty acids.
- Zinc contributes to normal metabolism of vitamin A.
- Zinc contributes to normal protein synthesis.
- Zinc contributes to the maintenance of normal bones.
- Zinc contributes to the maintenance of normal hair.
- Zinc contributes to the maintenance of normal nails.
- Zinc contributes to the maintenance of normal skin.
- Zinc contributes to the maintenance of normal testosterone levels in the blood.
- Zinc contributes to the maintenance of normal vision.
- Zinc contributes to the normal function of the immune system.
- Zinc contributes to the protection of cells from oxidative stress.
- Zinc has a role in the process of cell division.

INSIGHTS

Images











MANUFACTURING & QUALITY

Tested quality

Sanopoly develops highly pure nutritional supplements in medically supervised formulations. Production takes place in Austria at an established pharmaceutical contract manufacturer with over 25 years of experience.

ISO 22000

Certified management system for food safety according to international standard.

DEKRA tested

Independent audit of complete quality management by DEKRA.

Laboratory tested

Testing of the ingredients for heavy metals and microbiological purity.

Nutritional values and ingredients

Nutrients	per daily dose * (= 6 Capsules)	% NRV **
Vitamin D3 equals 500 IE per daily dose	12.5 µg	250
Vitamin E	5.28 mg alpha-TE	44
Vitamin K2	100 µg	133
Vitamin B6	0.7 mg	50
Pantothenic acid (Vit. B5)	3 mg	50
Magnesium	57 mg	15
Iron	3.1 mg	22
Zinc	1.5 mg	15
Copper	0.635 mg	64
Manganese	0.8 mg	40
Selenium	15 µg	27
Chromium	15 µg	38
Molybdenum	10 µg	20
Iodine	25 µg	17
Sodium	38.9 mg	–
L-Glutathione Reduced	108 mg	–
L-Methionine	450 mg	–
L-Cysteine	60 mg	–
L-Leucine	30 mg	–
L-Isoleucine	105 mg	–
L-Threonine	60 mg	–
L-Valine	120 mg	–
L-Lysine	120 mg	–
L-Arginine	7.5 mg	–
L-Histidine	24 mg	–
L-Tyrosine	150 mg	–
L-Tryptophan	200 mg	–
L-Phenylalanine	250 mg	–
Griffonia seed extract	132 mg	–
Bamboo extract Silica	16 mg 12 mg	– –
Melon fruit juice concentrate (SOD) SOD	5 mg 60 IE	– –
Taurine	240 mg	–
R-alpha-lipoic acid	150 mg	–

** per daily dose ** % NRV = nutrient reference values according to Regulation (EU) No 1169/2011. Vitamins and minerals below 15 % NRV are not listed.*

Recommended intake

Take 6 capsules daily with sufficient liquid distributed throughout the day. The product should be taken with a meal.

Ingredients

Hydroxypropyl methylcellulose (Delayed-release capsule shell), L-Methionine, Filler: microcrystalline cellulose, Magnesium citrate, L-Phenylalanine, Taurine, Potassium chloride, L-tryptophan, Calcium citrate, L-Lysine hydrochloride, L-Tyrosine, R-alpha-Lipoic acid, Griffonia seed extract, L-Valine, L-Glutathione Reduced, L-Isoleucine, L-Cysteine hydrochloride, Sodium Bicarbonate, L-Threonine, Menaquinone, Sodium chloride, Tocotrienol-tocopherol, L-Leucine, Iron Gluconate, Kelp seaweed extract, L-Histidine, Bamboo Extract, L-Arginine Hydrochloride, Manganese Gluconate, Cholecalciferol, Melon fruit juice concentrate, Zinc citrate, Sodium selenite, Calcium D-pantothenate, Copper Sulfate, Chromium(III) Chloride, Sodium molybdate, Pyridoxine hydrochloride.

Notes

Do not exceed the recommended daily intake. Dietary supplements are not a substitute for a varied diet. A balanced diet and healthy lifestyle are important. Keep out of reach of small children. Store at room temperature (max. 25 °C), dry and protected from light. Use within 3 months of opening the package.*

The product is not suitable for pregnant women, nursing mothers, children and adolescents. Persons taking anticoagulant medications (anticoagulants) should consult their doctor before taking Vitamin K supplements.

* Exception: packaging units whose daily dose and sales quantity require use over an extended period.

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